

June 2023

May '23							July '23						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6							1
7	8	9	10	11	12	13	2	3	4	5	6	7	8
14	15	16	17	18	19	20	9	10	11	12	13	14	15
21	22	23	24	25	26	27	16	17	18	19	20	21	22
28	29	30	31				23	24	25	26	27	28	29
							30	31					

Track and Field Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14 Track and Field Practice 5:00pm - 6:00pm	15	16 Track and Field Practice 5:00pm - 6:00pm	17
18	19	20	21 Track and Field Practice 5:00pm - 6:00pm	22	23 Track and Field Practice 5:00pm - 6:00pm	24
25	26 First Meet sign up	27	28 Track and Field Practice 5:00pm - 6:00pm	29	30 Track Meet 5pm Start	1
2	3	Notes Wednesdays will always be practices during the season ; Friday's will transition from practices into meets starting June 30th Meet Sign - Up sheets will be sent out on the Monday of the meet week (marked in green on the schedule) Shirts will be handed out on 6/23 and 6/28 practices ; Shirts only need to be worn on meet nights				

July 2023

June '23							August '23						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3			1	2	3	4	5
4	5	6	7	8	9	10	6	7	8	9	10	11	12
11	12	13	14	15	16	17	13	14	15	16	17	18	19
18	19	20	21	22	23	24	20	21	22	23	24	25	26
25	26	27	28	29	30		27	28	29	30	31		

Track and Field Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1
2	3 Second Meet Sign up	4	5 Track and Field Practice 5:00pm - 6:00pm	6	7 Track Meet 5pm Start	8
9	10 Third Meet Sign up	11	12 Track and Field Practice 5:00pm - 6:00pm	13	14 Track Meet 5pm Start	15
16	17 Last Meet Sign up	18	19 Track and Field Practice 5:00pm - 6:00pm	20	21 Track Meet 5pm Start	22
23	24	25	26 Track Meet Make Up 5pm Start	27	28	29
30	31	Notes				