

BANTA CENTER NEWSLETTER



605 Beech Street, Valparaiso, IN 46383 | (219) 462-1301

Monday through Friday: 9:00AM - 3:00PM

CLOSED SATURDAY AND SUNDAY

www.ValpoParks.org | www.Facebook.com/605BeechSt

Wellness Wednesday Resources
to help you manage your health

Monday	Tuesday	Wellness Wednesday	Thursday	Friday
<p>Coffee 50 cents Free Refills!</p> <p><i>Panera Mondays & Fridays</i></p> <p>NEEDED PLEASE! Sandwich bags, quart and gallon zip-lock bags, grocery bags.</p>	<p>ASK THE NURSE (Community Healthcare System) 10AM - 2PM upstairs TUESDAY, DEC. 6</p> <p>↓↓↓</p>		<p>1</p> <p>9:00 Knitting/Crocheting 9:00 Exercise 9:15 Advanced Bridge 11:30 Lunch 12:00 Bridge 12:15 Mahjongg 12:30 Chair Volleyball 12:30 Christmas Movie: Miracle on 34th St</p>	<p>2</p> <p>9:00 Bingo - Brookdale Senior Living 9:00 Exercise 9:15 Pilates 10:00 Ping Pong 10:00 Writing Workshop 11:30 Lunch 12:00 Pinochle 12:15 Hand and Foot</p>
<p>5</p> <p>9:00 Exercise 9:30 Golf Cards 10:00 Ping Pong 11:30 Lunch 12:00 Pinochle 12:15 Mexican Train 12:30 Cornhole</p>	<p>LUNCH WITH A COP 6 11AM - 12:15PM with VPD</p> <p>9:00 Exercise 9:30 Euchre 10:15 Phase 10 11:30 Lunch 12:00 Bridge 12:00 Bunco 12:15 Card Mahjongg</p> <p>DECEMBER BIRTHDAY CUPCAKES</p>	<p>7</p> <p>9:00 Tai Chi 9:15 Pilates 10:00 Ping Pong 10:00 Five Crowns 10:30 Duplicate Bridge 11:30 Lunch 12:15 Canasta 1:00 Line Dancing</p>	<p>8</p> <p>9:00 Knitting/Crocheting 9:00 Exercise 9:15 Advanced Bridge 11:30 Lunch 12:00 Bridge 12:15 Mahjongg 12:30 Chair Volleyball</p>	<p>9</p> <p>9:00 Bingo - First Light Home Care 9:00 Exercise 9:15 Pilates 10:00 Ping Pong 10:00 Writing Workshop 11:30 Lunch 12:00 Pinochle 12:15 Hand and Foot</p>
<p>12</p> <p>9:00 Exercise 9:30 Golf Cards 10:00 Ping Pong 11:30 Lunch 12:00 Pinochle 12:15 Mexican Train 12:30 Cornhole</p>	<p>13</p> <p>9:00 Exercise 9:30 Euchre 10:15 Phase 10 11:30 Lunch 12:00 Bridge 12:00 Bunco 12:15 Card Mahjongg</p>	<p>VNA HOSPICE 14 CHOIR PERFORMANCE 11-11:30AM in the lunch room</p> <p>9:00 Tai Chi 9:15 Pilates 10:00 Ping Pong 10:00 Five Crowns 10:30 Duplicate Bridge 11:30 Lunch 12:15 Canasta 1:00 Line Dancing</p> <p>CHRISTMAS PARTY 12:30 - 2:30PM (\$5)</p>	<p>15</p> <p>9:00 Knitting/Crocheting 9:00 Exercise 9:15 Advanced Bridge 11:30 Lunch 12:00 Bridge 12:15 Mahjongg 12:30 Chair Volleyball</p>	<p>16</p> <p>9:00 Bingo - Silver Birch of Michigan City 9:00 Exercise 9:15 Pilates 10:00 Ping Pong 10:00 Writing Workshop 11:30 Lunch 12:00 Pinochle 12:15 Hand and Foot</p>
<p>19</p> <p>9:00 Exercise 9:30 Golf Cards 10:00 Ping Pong 11:30 Lunch 12:00 Pinochle 12:15 Mexican Train 12:30 Cornhole</p>	<p>20</p> <p>9:00 Exercise 9:30 Euchre 10:15 Phase 10 11:30 Lunch 12:00 Bridge 12:00 Bunco 12:15 Card Mahjongg</p>	<p>21</p> <p>9:00 Tai Chi 9:15 Pilates 10:00 Ping Pong 10:00 Five Crowns 10:30 Duplicate Bridge 11:30 Lunch 12:15 Canasta 1:00 Line Dancing</p>	<p>22</p> <p>9:00 Knitting/Crocheting 9:00 Exercise 9:15 Advanced Bridge 11:30 Lunch 12:00 Bridge 12:15 Mahjongg 12:30 Chair Volleyball 12:30 Christmas Movie: White Christmas</p>	<p>23</p> <p>9:00 Bingo - First Light Home Care 9:00 Exercise 9:15 Pilates 10:00 Ping Pong 10:00 Writing Workshop 11:30 Lunch 12:00 Pinochle 12:15 Hand and Foot</p>
<p>26</p> <p>CLOSED FOR CHRISTMAS</p>	<p>27</p> <p>9:00 Exercise 9:30 Euchre 10:15 Phase 10 11:30 Lunch 12:00 Bridge 12:00 Bunco 12:15 Card Mahjongg</p>	<p>28</p> <p>9:00 Tai Chi 9:15 Pilates 10:00 Ping Pong 10:00 Five Crowns 10:30 Duplicate Bridge 11:30 Lunch 12:15 Canasta 1:00 Line Dancing</p>	<p>29</p> <p>9:00 Knitting/Crocheting 9:00 Exercise 9:15 Advanced Bridge 11:30 Lunch 12:00 Bridge 12:15 Mahjongg 12:30 Chair Volleyball</p>	<p>30</p> <p>9:00 Bingo - Life Care Center of Valpo 9:00 Exercise 9:15 Pilates 10:00 Ping Pong 10:00 Writing Workshop 11:30 Lunch 12:00 Pinochle 12:15 Hand and Foot</p>

December
2022



THE BANTA Times

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Free Christmas Movies

Dec. 1, 12:30pm **Miracle on 34th Street**



Dec. 22, 12:30pm **White Christmas**



VOLUNTEERS NEEDED

Volunteers needed to assist the kitchen in all areas.

We appreciate your help!

NUTRITION PROGRAM

Please remember that to qualify for meals you **MUST** fill out a form. This is a grant subsidized program that requires this paperwork. Suggested donation is **\$1.50** if you complete the form and are aged **60+**. Guests or those **under 60** pay **\$7.80**. If you have signed up for a meal but know you can't make it, please let us know 2 days in advance to help us keep the amount of wasted food to a minimum. Thank you!



Christmas Party

Wednesday, December 14th
12:30 - 2:30pm

Come celebrate with Santa, dance, and have some goodies too!

See Helen to sign up—cost is **\$5 per person**.

Come early to see the VNA Hospice Choir perform from **11 to 11:30AM!**

Christmas Raffle

\$2 per ticket for your chance to win the **Christmas Basket!**

Inside this basket is a blanket knitted by our very own knitting group, Christmas sign, gourmet teas, soup mug, teacup and plate, cookies, and a 6 month Membership Gift Certificate.

All proceeds will benefit Banta Senior Center for other fun activities, parties, or prizes. The drawing will take place at the Christmas Party!

Banta Center WEATHER CLOSINGS

As in the past, we will look to the local schools for winter weather closures. As a general rule, if either the Valparaiso or East Porter County schools are **closed** for winter weather (even if they call for e-learning day as a substitute), **Banta will also close**. Tune in to **Indiana 105.5** radio or check the **Banta Facebook** page for closure announcements.