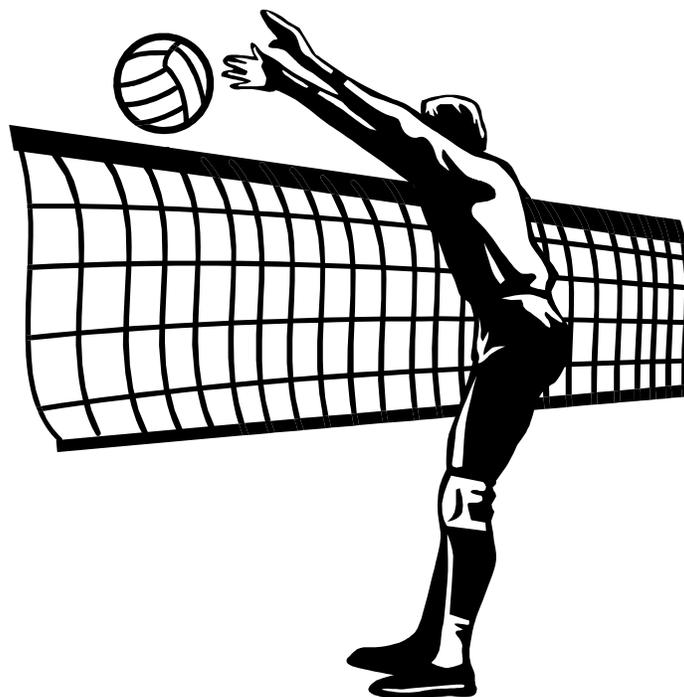




GENERAL RULES & ADULT VOLLEYBALL RULES



10-21-21

Adult Recreation Leagues

General Rules and Regulations

I. Player and Team Eligibility

- A. Any person 18 years of age or older and not currently participating in high school sports. Undergraduate or graduate students at the university are eligible, but are subject to non-resident fees unless they can prove permanent city residency.
- B. Resident vs. Non-Resident –
 1. Residents will be those that live within the Valparaiso city limits on a permanent basis, or;
 2. Those who own property within the Valparaiso city limits and pay city taxes on that property.
 3. Upon request of VPRD staff, individuals may need to provide proof of city residency. Proof may be provided in the form of a driver's license with current address or a current utility bill.
 4. Falsification of information may result in said player or team being declared ineligible.
- C. Falsification of a player's address or signature will result in the entire team being required to re-sign a new roster, which will be held at the Park Administration Office.
- D. All players must sign the official roster before they will be eligible to play in any league game. Failure to do so will cause those players to be ineligible.
- E. Players may play on only one team in the same league (i.e. one men's team or one women's team).
- F. Players who currently hold professional status in the given sport program are not eligible to compete.
- G. In order for players to be eligible for playoff games or league tournaments, a player must be placed on the team roster by the add/drop deadline point.
- H. Players who are lost for the remainder of the season (for whatever reason) may be replaced by another upon approval of the Adult Recreation Director (even if the add/drop deadline has passed). These situations will be handled on a case by case basis between the team captain and the Adult Recreation Director, or an approved staff member.
- I. Games in which ineligible players participate may result in said players being suspended and/or game forfeiture.

If there is ever a question of eligibility, this must be brought to the **official's** attention immediately. If the game has not started, the player(s) in question will be given the opportunity not to participate and the team and player will be at no risk for penalty. If the player(s) has/have already been participating, the player(s) and team will risk forfeiture of the game and possible suspension if player(s) is/are determined to be ineligible. Player(s) in question

will be asked to provide photo identification proving who they are, as well as be required to sign their name on the official score-sheet. **THIS MUST BE ADDRESSED BEFORE MATCH IS COMPLETE!**

1. Tournament Play – If the team in question has been found guilty of using an illegal player, they will receive a one (1) game forfeit. If this one (1) game forfeit is the team's first loss in a double elimination tournament, **the entire team will be required to show a photo identification** prior to the start of their next game. Failure to do so will put the team at risk of another forfeit.
2. Player(s) must be able to provide photo identification prior to the start of the next game.

II. Roster, Deposits and Entry Fees

- A. Rosters – teams should consist of enough players to field a team each week, there is no minimum. Signatures are required for each player.
- B. Roster Deposit – when a team submits a roster, a deposit of \$100.00 must also be submitted.
 1. If a team is accepted into the league, the roster deposit will be applied to the base entry fee.
 2. If the team is not accepted into the league or withdraws before the entry fee deadline, the deposit will be refunded.
 3. If the team withdraws from the league after the entry fee deadline, the deposit will not be refunded.
 4. No monies will be refunded if a team is expelled from the league.
- C. Entry Fee – determined by the Park Department Administration, must be paid by each team prior to the specified deadline.
 1. An additional fee will be assessed for all non-city resident players on the roster and any player added after the roster deadline.
 2. All team entry fees and non-city resident fees must be paid before your team will be allowed to participate.
 3. No monies will be refunded if a team is expelled from the league.
 4. If circumstances arise which prevent a sponsor from issuing a check prior to the entry fee deadline, the sponsor may issue a letter of "intent to sponsor". This letter **MUST**:
 - a. accompany the roster when it is submitted (by fax, mail or in person).
 - b. indicate the amount of money paid by the sponsor for the team,
 - c. indicate the team name to be sponsored and captain's name, and
 - d. must be signed by a representative of the sponsoring business, authorized to issue sponsor checks.
- D. Teams will be accepted on a first come/first serve basis.

III. Adds and Drops

- A. Any teams allowed into the league after the roster/entry fee deadline, will be assessed a late entry fee in addition to all other costs (base fee, non-city resident fees, etc.).
- B. Any roster changes (add-ons, transfers, etc.) made after the start of the official season may be done through the QuickScores website through the Roster Lock Deadline.
- C. Players being added/dropped from the team roster may do so without the captain or co-captain notifying the office.
- D. Players are ONLY allowed to be on one (1) roster per league. Captain and/or Co-Captain of teams which have a player transferring must remove player from their roster in QuickScores.
- E. Players transferring teams may do so only once during any one season.

IV. Captain and Co-Captain Responsibilities

- A. General Rules and Regulations, as well as specific sport rules are expected to be known and abided by: team captains, co-captains, players and others associated with the team (i.e. spectators).
- B. Any matter not covered by the General Rules and Regulations will be left to the discretion of the Park Department Administration. Rules not covered in each specific sport rules will be governed by the established sports governing body (i.e. Amateur Softball Association (ASA), United States Volleyball Association (USVBA) and National Federation of High School Associations (NFHSA)).
- C. Must attend or send in their place a team representative to all captain's meetings at which time general rules & regulations, sport specific rules (including changes), and current league schedules will be discussed and distributed.
- D. Upon request, captains and/or Co-Captains must assist Park Department Staff in determining and making available any or all members of their team for inquiry or identification.
- E. When possible, shall notify Park Office before 5pm of forfeit of scheduled game/match prior to game/match time. If after office hours, please contact League Supervisor Patti Poweska (840-1026) or the match may go down as a double forfeit.

V. Conduct of Captains, Players, Team Personnel & Spectators

- A. All team members and others associated with the team are required to know the rules of the game, as well as to abide by them.

- B. The team captain and/or co-captain are responsible for the discipline and proper conduct of team members and spectators.
- C. The captain and/or co-captain are the only players who may address an official. The captains may address the officials on matters of rule interpretations only!
- D. Misconduct prior to, between and/or following games will result in sanctions in the games(s) following such misconduct.
- E. Teams shall be notified immediately when a sanction is imposed against their team. Ejected team members will be permitted the opportunity to remain in the vicinity of the playing area provided they can refrain from further misconduct. If they are asked to leave the field/park, they will be allowed one minute to gather their belongings and depart peacefully. Further delay will result in team forfeiture and possible further sanctions against player and team.
- F. Ejected players will serve a minimum one game suspension; this includes the game that they are ejected from. Further penalties and suspensions (which may include game, season, year(s) or permanent suspension) may be assessed depending on the circumstances.
- G. Any person suspended under the provisions of Section D desiring to appeal the decision may do so in writing to the Park Department Administration. **Ejections may not be appealed!**

VI. Protests

- A. No protests will be recognized in any VPRD League and all teams entering the league(s) does so with this understanding.
- B. In case of a dispute during play, the team captain and the game official may confer. Other team members shall not enter the discussion. A violation may result in the player involved being ejected.

VII. Park Administration, Adult Recreation Director, League Directors, Officials and League Committees

- A. Park Administration – develops and administers all VPRD and Recreation programs, policies and procedures and league/player fees.
- B. Adult Recreation Director – park staff member immediately responsible to develop, direct and administer the various adult recreation leagues.
- C. League Directors – assists the Adult Recreation Director in the administration of a given league. Responsible for the training, scheduling and supervision of all league officials and league statistics (nightly results, weekly standings, etc.).
- D. Officials – responsible for the on court/field interpretation and enforcement of specific sport rules. Officials will have complete authority regarding any decisions and/or judgments involved in that immediate game/match.

VIII. Division Winners/Awards/Changes

- A. Division winners for each half will be determined by win/loss record and any ties will be broken through a series of tiebreakers (head-to-head, common opponents, etc.).
- B. If at the end of a half or season, a team may be moved to another division (higher or lower) it will participate in that division's tournament/playoff into which they have been moved.
- C. Division Champions will receive a sponsor trophy or plaque along with individual Championship shirts. Champions of first or second half may decline to receive the trophy and/or t-shirts in lieu of a team credit for the next season's registration (no cash will be given). There are no credits given for Tourney Champions.

IX. Alcoholic Beverages Policy

Alcoholic beverages shall not be permitted at the site of any activity organized or sponsored by the Valparaiso Department of Parks and Recreation. This includes all playing fields, bleachers, parking and picnic areas. Participants violating this policy will forfeit their game and may be asked to leave the facility/field/park. Spectators will be subject to this same policy. Alcoholic beverages may not be sold, purchased or consumed by any person or team attending tournaments conducted at one of Valparaiso Park Department's parks/fields or facilities. The Department reserves the right to immediately terminate any tournament or rental should this policy be violated.

Furthermore, players who by park staff, League Director or Official's judgment are under the influence of alcohol will not be permitted to play in any games until it is proven they have not been drinking.

10-21-21

Valparaiso Department of Parks & Recreation Volleyball League Rules & Regulations

The General Rules and Regulations of the Valparaiso Park and Recreation Department are in effect and shall govern all leagues. Copies of these rules are available to all at the Department Office. The following sport specific rules are intended to describe situations and policies not shown in the applicable Official Guides of the sport.

1. Season matches are different in format and length from end-of-season tournament. A separate schedule describing the tournament will be distributed.
2. All matches (a match consists of three games) will be played in "Rally Scoring" format. The "Rally Scoring" format is as follows: point will be awarded on each service (either to the serving or receiving team).
3. A game is official and complete when the 10 minute time limit has been reached. A regular season game shall be won when:
 - A. A 2-point lead exists when the time limit has been reached,
 - B. If a 2-point lead does not exist; the first team to either lead by 2 or a three point cap has been met.
4. A "let" serve will be allowed during play. Meaning – if the ball touches the net before passing over on a serve, it is still legal and in play.
5. Players shall start the first game of the match in the serving order given to the scorekeeper. In the second and third games, players must return to the original order unless a new lineup is given to the scorekeeper, which should be submitted before the first game.

Substitution – Entry between players must always be at the same position (entering front row/entering back row) and must always be for the same player; if player #5 starts and then you sub #6. In order to put #5 back in, it has to be for #6. The exception would be for an injury to another player. Both the player coming out and the incoming player must report to the sideline between the ten foot line and the net. The players must wait to leave/enter the court until the officials tell them they can. There is no limit to the number of times a player may leave or re-enter the set as long as they leave or re-enter for the same player.

6. If the team winning the coin toss elects to serve, the losing team will then be allowed to choose side and vice versa.
7. As soon as the official announces your game time, both teams must be on the court and ready to play. At game time, if a team is not ready to play, the first game is forfeit. Once 5 (five) minutes have passed from the official's signal, a set forfeiture will result. After 10 minutes, the entire match will be forfeit.

8. A game may be played with any number of players (max 6). Players arriving after the game has begun are allowed to enter the game at their team's next serve, in the next service position regardless of location on the court. Players 7, 8, etc., must wait for the completion of the game to be added. This rule is in effect for all season, tournament and playoff games.
9. In Coed, there is **no required male/female/male service order** or line-up. **If you have less than 6 players, you may have one more male than female.**
 - A. If more than 6 players are present, the captain, at his/her option may:
 - i. rotate the players in the game (in coed, females may sub for males as long as there are never more than one extra male at any given time) or
 - ii. use separate line-ups for each game, **fill out all three lineups prior to match**
 - B. There are no time-outs in season games except for injury. Championship playoffs or the tournament games, allow one 30 second time out per team per game.
 - C. For the safety of participants, ball caps, and large earrings, etc. are not allowed. Players must remove them or be considered ineligible for play.
 - D. Leagues are offered and planned with the intent of cooperation and equal participation. Sometimes a simple communication error results in a team's failure to provide scorekeeping assistance, or even to show up for a game. The following guidelines respond to those situations:
 - i. the team captain and co-captain scheduled for the first matches will assist with equipment set-up.
 - ii. the teams scheduled for the final matches will assist with equipment takedown.
 - iii. each team shall provide 2 scorekeepers when assigned.
 - iv. Failure to provide **any** scorekeepers will result in your team being assessed a **four** (4) game forfeit. For every game that only **one** (1) scorekeeper is provided, your team will be assessed a game forfeit (2-loss maximum).
 - E. There is to be no smoking or drinking in any area of the buildings. **Alcoholic beverages are not allowed on school property.**
 - F. **Children (17 or younger) are not allowed in or on school premises during league play. The 3-step player conduct procedure will be used in the enforcement of this rule:**
 - Step 1 - Pre-game Captain's/Official's meeting-warning.
 - Step 2 - If a child is present a point/side out will be assessed due to delay of game. Guardian **must** remove child from premises.
 - Step 3 - Forfeiture of match.

- G. Protests are not allowed.
- H. Any situation not covered by this set of rules or by the General Rules and Regulations will be left to the judgment of the official and/or the Park and Recreation Department Administration.
- I. It is the player's responsibility to have knowledge of the playing rules as described by the National Federation of High School Association.
- J. If a player serves the ball before the official blows the whistle, it is a re-serve. There is no penalty. If, during play, an obstruction occurs (i.e. a ball from another court enters the field of play), only the official's whistle will stop play, and a replay will occur.
- K. Whenever possible, cancellations will be communicated through the QuickScores communication system. Participants may also contact the Park Office after 4:30 p.m. at 476-7960 or visit the park website, valpoparks.org. If a cancellation occurs after 5:00 p.m. there will be a message placed on the "Adult Recreation Line" (number above), which can be reached by calling the park office and press "2" for Adult Recreation. Please note, if school is cancelled due to weather, games are automatically cancelled. Please try to include your players' emails in QuickScores, if there is a late cancellation, we'll likely select all players to receive the notification.
- L. Player Conduct - A 3 step disciplinary procedure will be enforced when unsportsmanlike conduct is present.
 - Step 1 - 1st offense: Captain is officially given a team warning. Captain and team are expected to calm/control offending player. (TYC – Team Yellow Card).
 - *Step 2 - 2nd offense: Offending player (whether he/she is the 1st offender or not) is ejected for match (can play in 2nd match in case of doubleheader) point/side out, is awarded. (TRC – Team Red Card).
 - Step 3 - 3rd offense: Game forfeit.

*Any ejection will automatically result in a minimum one match suspension; upon further review from league officials, the suspension may be longer. If a female is ejected, the team must also select the male either before or after her in service order must leave the court, when an equal number of male/female players are participating. He may rotate in for another male if desired.

Player conduct is defined as follows:

1. Definition – Unsportsmanlike conduct includes actions which are unbecoming to ethical, fair, and honorable behavior towards an individual. It consists of acts of deceit, disrespect or vulgarity.
2. CONDUCT: PLAYERS – No player shall act in an unsportsmanlike manner while on or near the court before, during or between games.
3. Unsportsmanlike conduct by a player includes:
 - a. Use of disconcerting acts or words when an opponent is about to play the ball;
 - b. Derogatory remarks to officials of opponent;
 - c. Questioning or trying to influence officials' decisions;
 - d. Showing disgust with officials' decisions;
 - e. Using insulting language or gestures of baiting acts, which engender ill will;
 - f. Making any contact with an opponent which is deemed unnecessary and which incites roughness;
 - g. Using any part of a teammate's body or any object to gain physical support for advantage in playing the ball;
 - h. Abusing the re-serve rule.
4. CONDUCT; SPECTATORS - When a spectator becomes unruly or interferes with the orderly progress of the game, the referee shall suspend the game until he/she resolves the situation and the game can proceed in an orderly manner.

***** VOLLEYBALL LEAGUE REMINDERS *****

1. Watch your speed! When driving through the parking lots display great regard for children and parents exiting school premises.
2. **Parking is prohibited along the south side of the north parking lot.** (Along the sidewalk next to the middle school.) Vehicles parked in this area will be ticketed and/or towed at owner's expense. If parking is limited, you may park in front of the school on Roosevelt Road or in the south lot located behind the new edition. From the south lot you may enter by following the sidewalks to the main entrance. When parking in front of the elementary school, along the sidewalk, we suggest parking at an angle versus parallel as it creates more parking spots.
3. **No children** (age 17 or younger) are allowed in or on school premises during league volleyball games. This includes the commons area between gyms. Children will be required to leave immediately.
4. Please remember to change into your volleyball shoes after you have entered the building.
5. Arrive early, be safe, and most importantly HAVE FUN!
6. **DO NOT WARM UP IN THE COMMONS AREA BEFORE MATCHES!**
7. Planted foot contact will be allowed in A-B-C Divisions.

Below is the approved 2021-22 Safety Plan as submitted and approved by TJMS and VCS administration. Please make sure all your teams and players are aware of these rules as well as all other game rules:

- Participants will be encouraged to wear a mask inside facility while not playing.
- Scorekeepers will be encouraged to wear a mask throughout the match.
- Staff will be encouraged to wear a mask before and after matches, during matches they would need to use a whistle.
- Those entering facility will be limited to players and staff, **no outside spectators will be allowed.**
- Parks will have hand sanitizer on site for players and staff.
- Players must be in good health and free from any illness at least two weeks prior to the event and those exhibiting any symptoms or have a fever above 100.4 degrees are asked to stay home.
- Players will be asked to arrive ready to play to minimize usage of space outside of fieldhouse, gym and foyer.
- Players will be asked to hustle on and off court to limit contact between teams finishing and arriving, if availability allows, a “passing period” will be built in to minimize multiple teams in facility at same time.
- Participants are asked to follow all CDC safe distancing guidelines and not congregate or conduct without following protocols.
- **Participants and staff will be asked to pick up all belongings and throw away any drink containers or waste in trash cans onsite.**
- Volleyballs will be wiped down with sanitizer wipes each night after matches are complete.
- Updates will be made to the above as the Porter County Health Department makes any changes in their protocols.



**PARKING FOR OFFICIALS
AND 9:30 GAMES ONLY**

NO PARKING

**ENTER
HERE**

**SOUTH
PARKING
LOT**

Velt Rd

Roosevelt Rd

Roosevelt Rd

McCord Rd

Key Kat's
Shoppe
foods store

Thomas Jefferson
Elementary School

Thomas Jefferson
Middle School

Do you have questions, comments, concerns about any of our Adult Sports Leagues? Is there a sport or program we aren't doing that you'd like to see us offer or something we should consider changing about what we currently offer? Do you or someone you know want to help officiate or referee? Please feel free to contact Dan Lukes, Adult Recreation Director at dlukes@valpo.us or by calling the park office today!

2021-2022 Free Agents

Brittany Cavinder
Any division
Coed
219-863-8470

Jordan Griffiths (female)
716-275-2222
Competitive only (not rec)
She's not a setter – a power or weak side hitter.

Morgan Lloyd
219-465-8832
Rec
Coed

Jill Stepanek
219-707-1088
Competitive
Coed or Women's

2020-21 Volleyball Free Agents

Annie Bruggenschmidt
317-488-8794
Women or Coed , rec or competitive

Amanda MacFarlane
219-743-2732
Amandamac803@yahoo.com
Women or Coed